Human traffickers do not need chains and handcuffs to keep their victims from escaping. They often use tactics, such as the ones below, to manipulate their victims to comply with their demands. These controlling behaviors create a power dynamic that discourage a victim from leaving their situation.

**DYNAMICS OF CONTROL**

**WHEEL**

**THREATS AND COERCION**
- Threatens deportation, harm to family, physical harm, loss of children.

**INTIMIDATION**
- Displays weapons or use of force, destroys personal property.

**EMOTIONAL ABUSE**
- Calls victim names, humiliates in front of others, plays mind games, places guilt on victim.

**ISOLATION**
- Isolates from friends and family, will not allow to learn English, will not allow to leave premises, confiscates ID.

**MINIMIZING, DENYING, BLAMING**
- Trivializes abuse, denies problems with situation, blames victim for situation.

**ECONOMIC ABUSE**
- Confiscates any earned income, creates system of fees, creates debt bondage, does not let victim control finances or future.

**PHYSICAL ABUSE**
- Directly harms the victim or the victim’s family and friends.

**USING PRIVILEGE**
- Creates a hierarchy within group, refers to victim as a servant, treats victim’s race as inferior.