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Tub Ntxhais Hluas Txoj Kev Ua Nkauj Ua Nraug - Teen Dating

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Nyob Los Tsuas Teb, cov hluas nkauj hluas nraug sib tham thaum niam thiab txiv pw tag lawm xwb. Cov tub hluas mus yos cov hluas nkauj uas lawv nyiam rau tom hluas nkauj tsev. Cov tub hluas nrog cov ntxhais hluas sib ntxhi ntawm qhov tsev. Qee zaum cov tub hluas tshuab raj tshuab ncas kom cov hluas nkauj hnov tias muaj hluas nraug tuaj lawm. Yog sib nyiam, hluas nraug mam li hais kom hluas nkauj tawm tuaj sib pom los muaj. Thaum muaj cov niam cov txiv nyob ntawd mas cov hluas yuav tsis lam sib tham ua ntxhwb ntxhiag li, tsuas yog tej lub caij xws li Tsiab Peb Caug. Thaum noj Peb Caug, cov tub ntxhais hluas pov pob thiab hais kwv txhiaj sib daj dee. Cov niam thiab txiv saib thiab pab lawv tej ntxhais xaiv vauv.

Back in Laos, dating typically occurred while the parents were in bed sleeping. Young men would venture out to the homes of the young women that they liked. The young men would talk to the young women through their bedroom walls. The young men would sometimes play the traditional instrument, the ncas, to lure out the young women so that they could talk face to face and get to know each other better. Dating rarely occurred in the presence of parents, except during special events such as the Hmong New Year. During the Hmong New Year, young men and women attracted one another with folk songs and ball tossing. Parents observed and helped their daughters select the right person to court.

In America, dating has changed and become more open for Hmong girls, who date in the

Nyob ntawm teb chaws Asmesliskas, kev ua nkauj ua nraug hloov lawm thiab ntxhais Hmoob yeej tham tau hluas nraug tau ntau tshaj qub, txawm niam thiab txiv thiab cov hlob nyob ntawd los xij. Kuj muaj ntau txoj kev ua nkauj ua nraug nyob teb chaws no. Thaum ib tug me nyuam muaj 12 xyoo, nws yuav tham xov tooj nrog lwm tus ntev ntev. Ib tug me nyuam twg mas yuav nrog phooj ywg sib tham heev rau hauv "computer." Lawv kuj yuav nrog phooj ywg ua ke ntau dua thiab. Li ntawd, qhov yus yuav tsum nrog nws tham thiab tsom kwm nws tej kev ua ub ua no.

Ntxiv no yog tej tswv yim pab rau koj saib xyuas los yog tsom kwm koj tus me nyuam hluas txoj kev nkauj kev nraug:

- Qhia tsev neeg txoj cai kom meej txog kev nkauj kev nraug.
- Yuav muaj pes tsawg xyoo koj tus me nyuam hluas thiab li zoo mus nrog hluas nkauj hluas nraug yos? Muaj tus tshawb pom tias cov ntxhais uas tham cov hluas laus zog lawm, yuav siv yeeb siv tshuaj thiab haus dej haus cawv thiab nyiam ua plees ua yi ntxov zog.
- Txhob maj liam tias tsuav mus yos lawm xwb ces yog ua plees ua yi lawm xwb ntag; kev ua nkauj ua nraug kuj tsis yog ua plees ua yi xwb.

presence of mothers and older siblings. Here, dating takes several forms. When a child reaches age 12, they may talk for long hours on the phone. A teen may correspond with male and female friends through the computer. They may spend more time with friends. Thus, it is important to talk to your teen and to monitor their activities.

Here are tips for monitoring your teens:

- Be clear about your family rules on dating.
- At what age can your teen date? Research finds that girls who date men that are much older, are more likely to use drugs and alcohol and to engage in early sexual behavior.
- Young people who date won't necessarily have sex.
- Know who your teen is dating.
- Know where your teen is going on a date and what they plan to do. Will it be a group date or as a couple?
- Set guidelines for where, when and how often your teen can go on dates.

Teens have questions about dating and intimate relationships. Help your teen understand that healthy relationships are based on trust and caring. Listen to them

- Paub tus tham koj tus me nyuam.
- Paub qhov nkawv yuav mus thiab tias nkawv yuav mus ua dab tsi. Puas yog nkawv nrog ib pab ua ke mus los yog nkawv ob leeg xwb?
- Txwv kom nkawv paub tias qhov twg, thaum twg thiab nkawv yuav mus ua ke tau npaum li cas xwb.

and try not to judge their relationships. Dating can build self-esteem, can help teens figure out who they are, and can teach social skills.

Cov me nyuam hluas yeej xav paub kev ua nkauj ua nraug thiab kev sib hlub. Pab kom lawv to taub tias txoj kev sib hlub yog los ntawm kev sib ntseeg siab thiab sib txhawj. Mloog lawv thiab tsis txhob xav tias yus xav li cas ces yog li ntawd xwb. Kev ua nkauj ua nraug muaj cuab kav ua kom tus neeg ntawd lub siab loj, muaj cuab kav pab kom lawv xam pom tias lawv yog leej twg, thiab muaj cuab kav qhia kom lawv txawj nrog lwm tus sib haum xeeb tau.

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