Raising Children in a New Country

This course was created for newcomer parents and the agencies that serve and support them. The course work aims to ensure that newcomer parents have the basic information they need about U.S. laws and parenting practices and is targeted to newcomer parents with low levels of English proficiency and/or low literacy levels. For best results, BRYCS recommends using this course in culturally appropriate parent support groups, preferably run by at least one experienced newcomer parent of the same ethnicity and one U.S.-born parent, where refugee and immigrant parents can ask questions, try out new behaviors, and find positive support to help ease their transition. This course is adapted from BRYCS' Raising Children in a New Country: Illustrated Handbook.

Have results you’d like to share? Please email info@brycs.org.

English Pre-test

1) Do you worry about raising your children in America?
   - Yes
   - No

2) What do you worry about the most raising your children in the United States?
English Post-test

1) Do younger children need more sleep than teenagers?
   ☐ Yes
   ☐ No

2) What should NOT be a part of a bedtime routine?
   ☐ Candy
   ☐ Brushing teeth
   ☐ Putting on pajamas
   ☐ Reading a story
   ☐ Singing a song from your culture

3) Do you agree that children need to eat a healthy breakfast before school so they have energy to learn?
   ☐ Yes
   ☐ No

4) Are cookies, chips, candy, and soda considered junk food?
   ☐ Yes
   ☐ No

5) Do you agree that sharing at least one meal each day can help make your family stronger?
   ☐ Yes
   ☐ No

6) Do children under age 4 need to be in a child-sized car seat?
   ☐ Yes
   ☐ No

7) Who should you call first if your child swallows something that might cause them harm?
   ☐ A friend
   ☐ The police
   ☐ 911
8) It is okay to leave a child (ages 7 and under) home alone?
   - Yes
   - No

9) What types of discipline are acceptable in the U.S.?
   - Physical discipline (slapping, hitting, beating, shaking)
   - Time outs, rewards & consequences, privileges & limits

10) Is the job of Child Protective Services (CPS) to make sure children are safe if they receive a report of physical, sexual, emotional abuse or child neglect?
    - Yes
    - No

11) If you are working with CPS, do you have the right to an interpreter or cultural liaison to help with communication and understanding?
    - Yes
    - No

12) Are all boys and girls in the U.S., including disabled children, required to go to school?
    - Yes
    - No

13) Do you agree that children who have daily routines, consistent discipline, family meals, and are shown attention are happier and better able to learn in school?
    - Yes
    - No

14) Do U.S. schools expect parents to be involved in their children’s education?
    - Yes
    - No

15) Do you agree that you should never use a child as an interpreter?
    - Yes
    - No

16) Every day after school you should… (select all that apply)
    - Help them complete homework
17) Do you feel more confident as a parent after taking this course?
   - Yes
   - No

18) What new ideas did you learn from this course?