

## Lesson 1: Opening the Training

### *Option A: Small Group Activity - Beliefs about Child Care*

#### **Objectives**

- Participants will begin to talk with each other about child care
- Create an interactive environment for training
- Begin to explore biases and preferences staff members may have about child care

#### **Set Up (5 minutes)**

- Divide participants into small groups of 5-7 people. It is beneficial to have participants working with individuals that they may not interact with regularly. One method of randomly assigning the group is to create a stack of index cards where each card has a letter from the word CHILD. Distribute the cards so that some participants are given a C, H, I, etc. Have groups form based on which letter they received. This will result in a total of five groups being formed.

#### **Activity (10 minutes)**

- When the groups have formed, ask each group to elect a group note taker and someone to report back to the larger group about what is discussed.
- Have questions available that probe beliefs about and personal experiences with child care. Each question should be listed separately on a slip of paper. For example:
  - What type of child care most benefits refugees? What are the pros and cons of this type of care?
  - Are there benefits for refugee resettlement agencies to partnering with mainstream child care providers? If so, what are they? If not, why?
  - What type of child care is safest? Why?
  - Who watched you as you were growing up?
  - What type of child care would you want for your own children or children you know?
  - Whose job is it to arrange child care for refugees?
- Distribute one question to each group. Instruct them that they will have 10 minutes to discuss their response as well as introduce themselves, if appropriate.
- Allow the group to discuss their responses, making sure that someone is recording the comments to present back to the larger group.

#### **Debriefing (10 minutes)**

Reconvene the large group and have each group report back about their discussions. Correct any obvious misinformation about child care that may be presented, especially regarding safety issues. Additional teaching points include:

- Our personal experiences and beliefs may influence the type of information that we share with our clients.
  - Our role is to give information in a neutral way and to support clients in making their own decision.
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**Option B: Small Group Activity - Child Care Quiz**

(See Handout 1)

**Objectives**

- Participants will begin to talk with each other about child care
- Create interactive environment for training
- Begin introducing common terms within the child care system

**Set Up (2 minutes)**

- Distribute a brief multiple-choice quiz that asks basic information about the child care system. Since the goal is exposure, questions should not be too difficult. A sample quiz is attached.
- Ask participants to turn to their neighbor and complete the quiz together. Instruct them that they will have five minutes to complete the task.

**Activity (10 minutes)**

Participants will work on quiz together and introduce themselves, if appropriate.

**Debriefing (10 minutes)**

Reconvene the larger group and review the correct answers by having a show of hands for each option. This can also give the facilitator a rough sense of how much participants already know about the child care system. Connect this activity to the goals of the training (i.e. that the group will be talking about resources available in the community to meet child care needs).

**Handout 1: Child Care Quiz****Child Care 101**

1. What is a CCR&R?
  - a. A type of child care license
  - b. A tribute band for Creedence Clearwater Revival
  - c. An agency that helps families locate child care
  - d. An agency that trains and provides assistance to child care providers
  - e. Both c and d
  
2. What is a Kith and Kin provider?
  - a. A yoga teacher
  - b. A friend or family member providing child care
  - c. A non-related provider, such as a nanny or au pair, that lives in the employer's home
  
3. According to a 2000 study, what percentage of young children of working mothers have more than one regular child care arrangement each week?
  - a. 70%
  - b. 10%
  - c. 40%
  - d. 25%
  
4. In what type of child care are immigrant children less likely to participate in compared to their non-immigrant peers?
  - a. Family Child Care
  - b. Center-based Care
  - c. Relative Care
  
5. You have to be receiving Temporary Assistance for Needy Families (TANF) to be eligible for state child care subsidies.
  - a. True
  - b. False
  
6. I am aware of child care resources available in my community.

5	4 3 2 1	
Strongly Agree		Strongly Disagree

Correct Answers: 1. e 2. b 3. c 4. b 5. b